



SPINACH, CARROT AND ZUCCHINI TREATS

MAKES 15 DOG TREATS



These DIY dog treats are nutritious, healthy, and easy to make. Plus, zucchini is high in fiber and low in fat and cholesterol, and won't contribute to your dog's waistline.

INGREDIENTS

- * 1 cup pumpkin puree
- * 1/4 cup peanut butter (without Xylitol)
- * 2 large eggs
- * 1/2 cup old fashioned oats
- * 3 cups whole wheat flour, or more, as needed
- * 1 carrot, peeled and shredded
- * 1 zucchini, shredded
- * 1 cup baby spinach, chopped

Preheat to 350

Prep Time 25 mins

Cook Time 25 mins

DIRECTIONS

Line a baking sheet with parchment paper or a silicone baking mat; set aside.

In the bowl of an electric mixer fitted with the paddle attachment, beat pumpkin puree, peanut butter (without Xylitol) and eggs on medium-high until well combined, about 1-2 minutes.

Gradually add old fashioned oats and 2 1/2 cups flour at low speed, beating just until incorporated. Add an additional 1/4 cup flour at a time just until the dough is no longer sticky. Add carrot, zucchini and spinach, beating just until incorporated.

Working on a lightly floured surface, knead the dough 3-4 times until it comes together. Using a rolling pin, roll the dough to 1/4-inch thickness. Using cookie cutters, cut out desired shapes and place onto the prepared baking sheet.

Place into oven and bake until the edges are golden brown,

Let cool completely before serving.