



PUMPKIN SWEET POTATO BITES

MAKES 24 DOG TREATS



These pumpkin sweet potato dog treats are simple to make and perfect for fall! Your pup will love them!

INGREDIENTS

- * 1½ cups brown rice flour
- * ½ cup 100% pure pumpkin purée
- * ½ teaspoon cinnamon
- * ½ cup water
- * 1 cup mashed sweet potato
- * 1 egg
- * 1 teaspoon organic maple syrup

Preheat to 350

Prep time 15 mins

Cook Time 30 mins

DIRECTIONS

Line 2 baking sheets with parchment paper. Set aside.

In a large mixing bowl, whisk together brown rice flour and cinnamon.

In a separate bowl, mash sweet potato.

Add pumpkin, water, egg, and maple syrup to sweet potato and mix until thoroughly combined.

Add wet ingredients to dry ingredients and mix together with a spoon until you're left with a thick batter.

With your fingers, pinch off a small amount of the mixture (approx. 3/4 teaspoon) and roll into little balls. Place the balls on the baking sheet, spacing them about an inch apart.

After treats are placed on the baking sheet, take a fork and flatten the little balls to around a ¼" thick.

Bake at 350°F for 20 minutes then flip them over and continue baking another 10 minutes.

Let cool completely before serving.